

## Getting to Know Me

Transition to Preschool Book

My name

My birthday

Signature of my parent(s) and date



Here is a photo of me	Here is a photo of my family
I like to be called by this name	
The people who make me happy are	
We speak this language in our home	
My favorite toys to play with are	
A song I like to sing is	
The foods I like to eat most are	
I like books about	
The things I'm a little afraid of are	
My favorite things to do are	
When I am outside I like to	
This is how I will let you know what I wa	int or need

My pare	ent(s) think this information would help you to better understand my needs
1.	I may need this kind of help in the bathroom:
2.	I may need this kind of help getting dressed:
3.	I may need this kind of help at lunch and snack time:
4.	I may need this kind of help walking, sitting, standing, or moving around:
5.	This is how I communicate:
6.	This is how I play with other children:
7.	When I get upset, this works best for me:
This is	what my parents hope I will learn in my new program:
These o	re my parent suggestions to help me learn:
Helpful	information my parent(s) want to share:

Please feel free to add more information or pictures on the back!